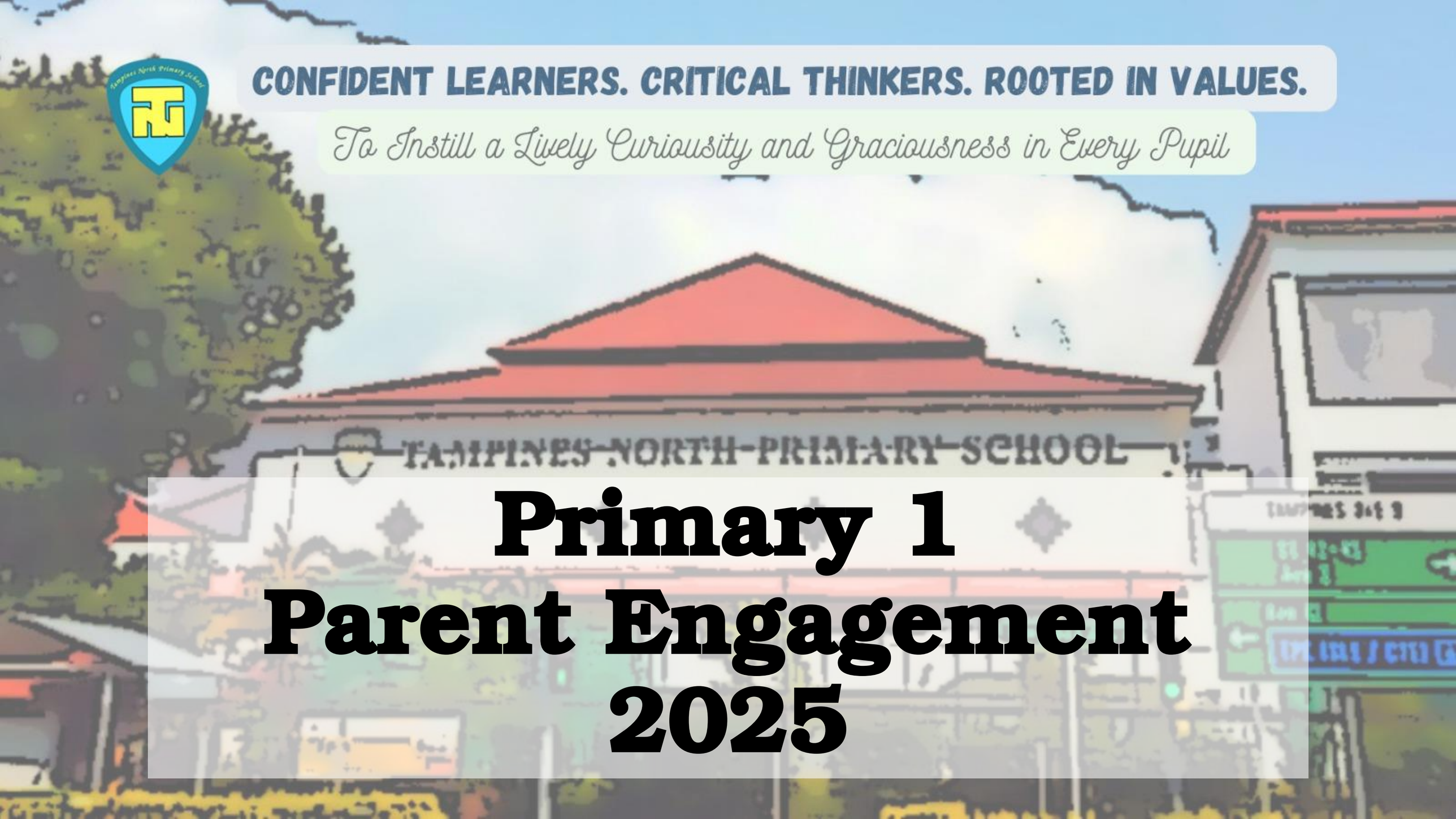


Primary 1 Parent Engagement 2025

SESSION OUTLINE

Welcome Back!

Parenting Tips- Managing Screen Time

ICT Briefing

PARENTING TIPS- MANAGING SCREEN TIME

Special Guest, SAC Member

Mr Izhar

Parenting Tips in Managing Screen Time

Guiding our children to a healthy relationship with screens, based on the guidelines set by MOH on screen time for kids under 12.

Izhar Rahman, Trust & Safety Specialist, alumni and parent of TNPS.

MOH's new screen time guidelines for kids under 12

Below 18 months

- **No screen time** (except for video calls)
- Do not leave screens on in the background

18 months to 6 years old

- Screen time: **Under 1 hour daily** outside school
- Watch media with kids when possible
- Do not use screens to occupy or distract children
- Choose age-appropriate educational content
- Do not leave screens on in the background
- **No screens during meals and before bedtime**

7 to 12 years old

- Screen time: **Under 2 hours daily**, except for schoolwork
- Avoid giving children mobile devices with unrestricted internet and app access
- Avoid giving children access to social media

Infographic: *Clara Ho* ***Source:*** *Ministry of Health, Jan 21, 2025*

cna

Key Principles for Managing Screen Time

Establish trust and consistency

Communicate openly and set clear expectations

Model healthy screen use behaviour

Use parental tools judiciously

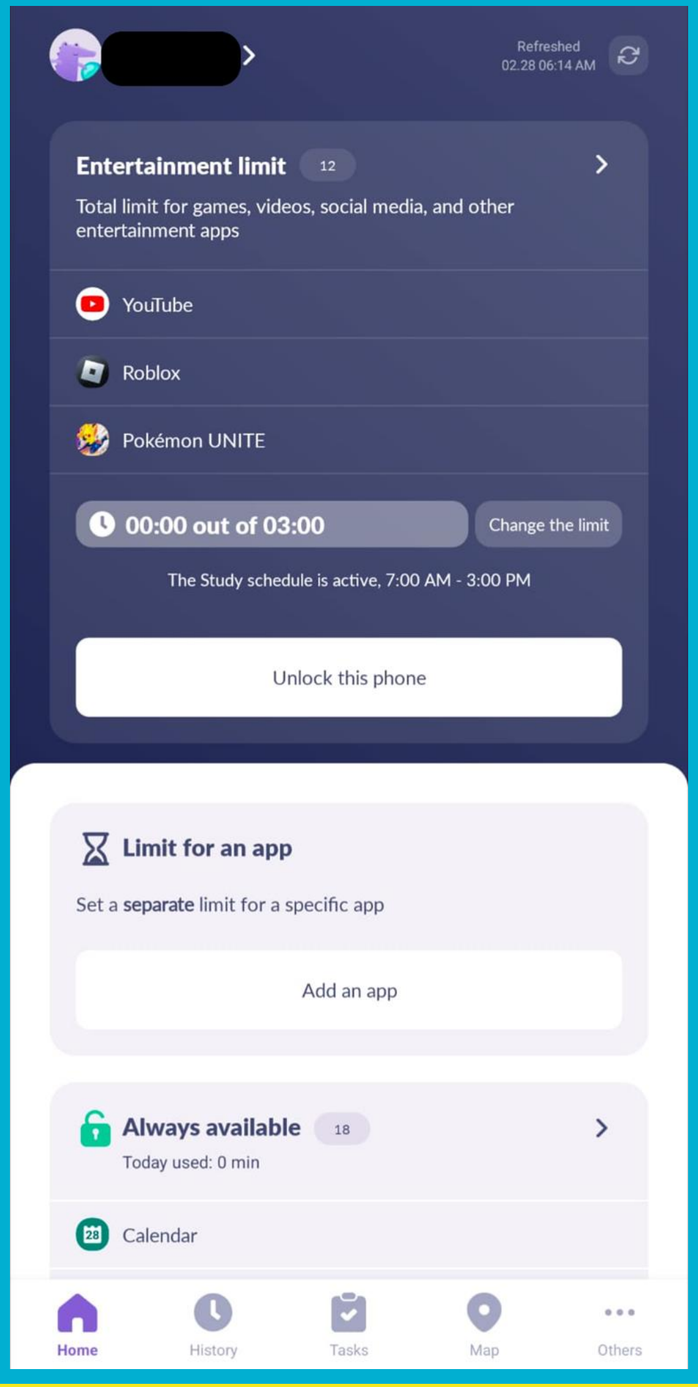
Slido.com (1538988)

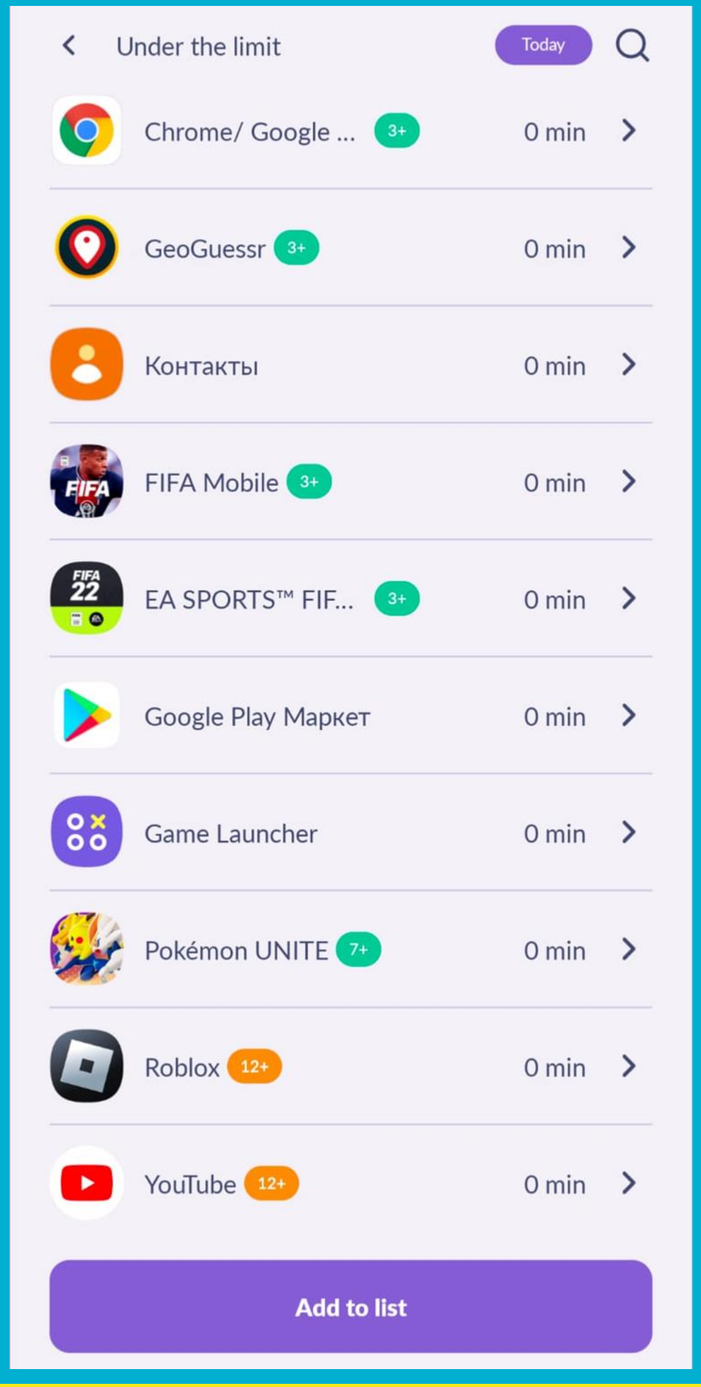
Parental Tools and Limitations

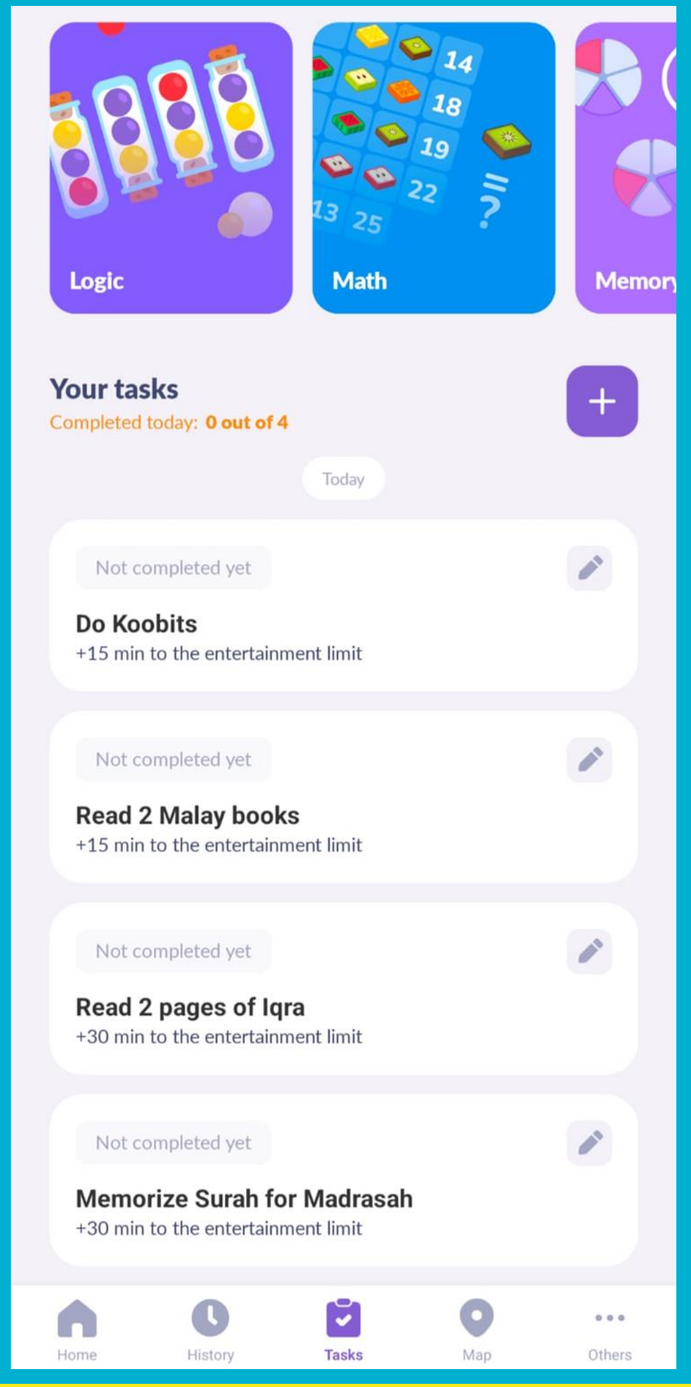
Screen time tracking and limiting apps e.g. Family Link (Free), Kids360/Alli360 (Subscription based), and Qustudio (Singtel),

Website blockers and content filters (Google Safety Centre, Safesearch Function, YouTube Kids)

Limitations: encrypted platforms e.g. WA & Telegram, circumventing restrictions


Refreshed
02.28 06:14 AM
Entertainment limit 12
Total limit for games, videos, social media, and other entertainment apps
YouTube
Roblox
Pokémon UNITE
00:00 out of 03:00
Change the limit
The Study schedule is active, 7:00 AM - 3:00 PM
Unlock this phone
Limit for an app
Set a separate limit for a specific app
Add an app
Always available 18
Today used: 0 min
Calendar
Home
History
Tasks
Map
Others


Under the limit
Today
Chrome/ Google ... 3+ 0 min
GeoGuessr 3+ 0 min
Контакты 0 min
FIFA Mobile 3+ 0 min
EA SPORTS™ FIF... 3+ 0 min
Google Play Маркет 0 min
Game Launcher 0 min
Pokémon UNITE 7+ 0 min
Roblox 12+ 0 min
YouTube 12+ 0 min
Add to list


Logic
Math
Memory
Your tasks
Completed today: 0 out of 4
Today
Not completed yet
Do Koobits
+15 min to the entertainment limit
Not completed yet
Read 2 Malay books
+15 min to the entertainment limit
Not completed yet
Read 2 pages of Iqra
+30 min to the entertainment limit
Not completed yet
Memorize Surah for Madrasah
+30 min to the entertainment limit
Home
History
Tasks
Map
Others

Modelling Behaviour

Be mindful of your own screen use

Set a good example for your children

Encourage device-free times and zones

Conclusion

Summary of key points

- Different parenting styles
- Establishing Trust by being consistent
- Parenting Tools
- Starting with ourselves as parents

Work together to create a healthy relationship with screens

ICT BRIEFING

HOD ICT, Mrs Peh Jing Er

Tampines North Primary School

ICT Department

P1 Parent Engagement Session 2025

VISION

Students as
Future-Ready Digital Learners,
who are Anchored in Values and
Empowered to Learn for Life.

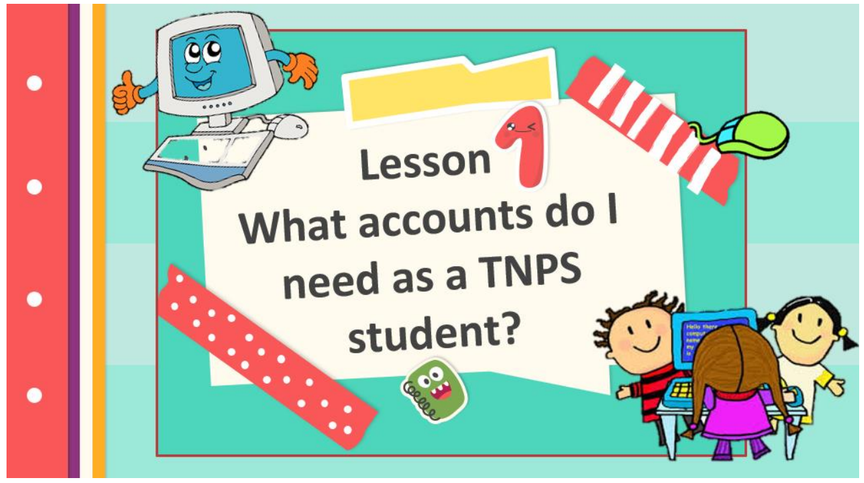
PRIMARY 1 DIGITAL LITERACY TRAINING PROGRAMME

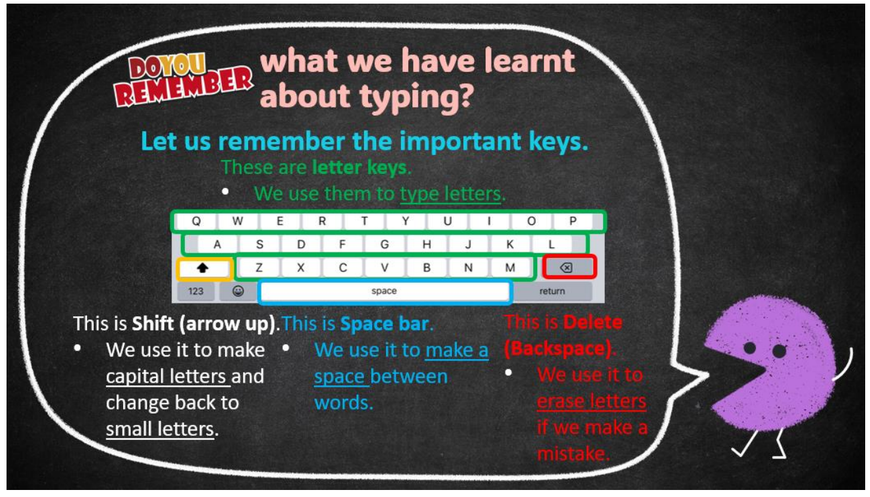
Our Primary 1 students will:

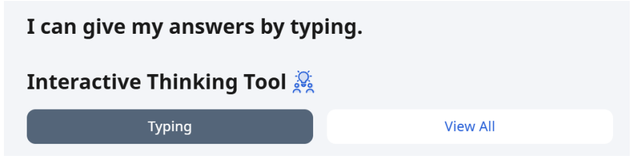
- Familiarise themselves with the various **student accounts** they have,
- Learn **basic touch-typing skills**, and
- Discover how to **access common online learning platforms**, such as Padlet and Singapore Student Learning Space (SLS).

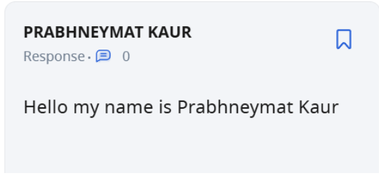
These sessions will be conducted during curriculum hours.

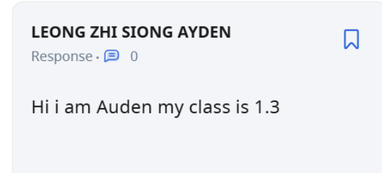
PRIMARY 1 DIGITAL LITERACY TRAINING PROGRAMME

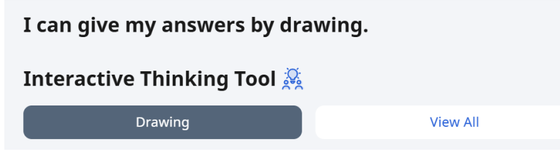


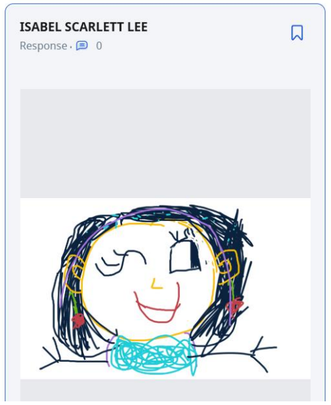


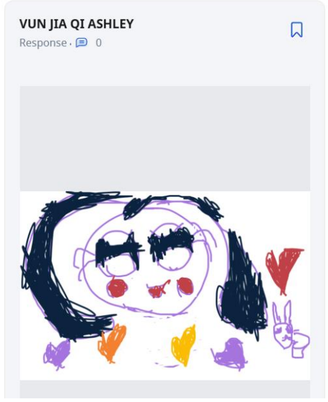


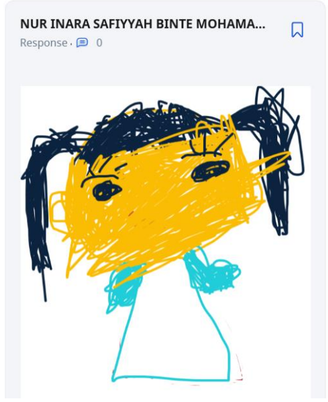












STUDENT ACCOUNTS

An overview of key platforms used in school can be found on the page titled “Online Accounts for Students“ in the Student Handbook (page 24).

Online Accounts for Students

In Tampines North Primary School, we leverage a wide range of ICT platforms to enrich the teaching and learning experience. These tools support collaboration, deepen understanding, and foster self-directed learning. This section provides an overview of the key platforms used.

SSOE Computer Login and Segregated Wireless Network (SWN) Account This account enables students to log in to school laptops and access the school’s Wi-Fi network.
Singapore Student Learning Space (SLS) The SLS is the Ministry of Education’s core platform for teaching and learning and one of its key initiatives to transform the learning experiences of Singaporean students through the purposeful use of technology.
Student iCON (For Pri 3 to Pri 6 students only) Student iCON is a suite of Google apps (which includes an email account, Google Classroom, Google Docs, Google Slides, etc) that helps to better support students’ learning and collaboration with others.
Moo-O (For Pri 1 and Pri 2 students only) Moo-O is an application that transforms learners into story characters as they hone their language skills in reading fluency and speaking. This excites the students, ignites their interest in reading and helps them gain confidence in speaking aloud expressively.
Koobits KooBits allows students to access online learning content and activities that aim to help students build up their mastery of Mathematics skills and concepts.
Young Scientist Badge Portal (For Pri 3 to Pri 6 students only) Young Scientist Badge portal offers a variety of Science tasks to strengthen self-directed, hands-on learning. The tasks can increase students’ motivation and engagement, making Science come alive.
eZhiShi 知识网 (For students taking Chinese Language only) eZhiShi is a comprehensive learning platform aligned with the Singapore MOE syllabus for Primary School Chinese. It syncs with the textbook units and teaching progression for both standard and Higher Chinese, covering the full year's curriculum. It offers a range of pedagogy and assessments designed to enhance Chinese language learning. The platform combines traditional teaching methods with digital media, animation, and e-learning tools, providing a holistic approach to developing listening, speaking, reading, and writing skills.
MySkillsFuture (For Pri 5 and Pri 6 students only) MySkillsFuture is provided for Primary 5 and 6 students as a one-stop portal to empower students to embark on a journey of self-discovery and make informed education and career choices.

STUDENT ACCOUNTS

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Computer Login / SWN Wifi

Singapore Student Learning Space (SLS)

Moo-O

Koobits

eZhiShi 知识网
(For students taking Chinese Language only)

STUDENT ACCOUNTS

A personalised “login details” sticker can be found on page 25.

Class Name

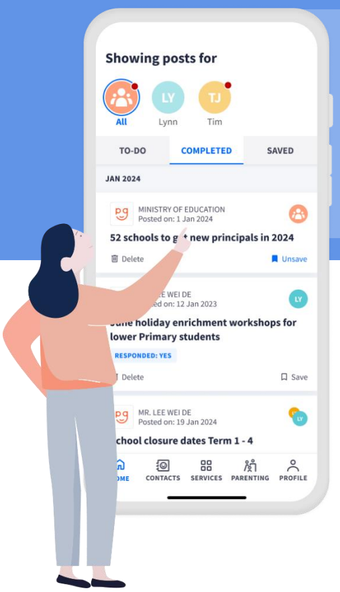
SSOE Computer Login & SWN Wifi – *for use in school only*	
Username	BC Number
Password	Tnps2025
Singapore Student Learning Space (SLS)	
Website	vle.learning.moe.edu.sg/login
Click on ‘Login with SLS’,	
Username	SLS Username
Password	
Answers to security questions:	
What is your favourite animal?	
What is your favourite colour?	
What is your favourite sport or hobby?	
KooBits	
Website	member.koobits.com/
Login ID	TNPSLast6charactersofBC
Password	koobits
Moo-O	
Paste sticker here.	

Go to https://go.gov.sg/tnpsaccounts for more details and for instructions on how to reset password.

Students can always refer to this page for usernames and passwords.

Please make sure to update the passwords here if you change any account passwords.

PARENT ACCOUNT



PARENTS GATEWAY (PG)

- Effortlessly give consent for their school activities anytime, anywhere.
- Conveniently book your preferred slots for Parent-Teacher meetings.
- Easily make travel declarations to inform schools of your children's travel plans.
- Discover curated parenting resources to better support your children in their education journey.

We strongly encourage and urge all parents and legal guardians to come aboard PG as announcements and consent forms will be disseminated through PG.

Please download the PG app and sign in with your SingPass.

https://ask.gov.sg/parentsgateway

DigitalAccess@Home

DigitalAccess@Home provides **subsidised broadband and laptops/**tablets to lower-income households to support their lifestyle needs, including work and social activities.

Eligibility criteria	
Dwelling Type	▱ Stay in a HDB flat
Income	▱ Monthly Gross Household Income (GHI)[1] ≤ $1,900 OR monthly Per Capita Income (PCI)[1] ≤ $650 ▱ Monthly GHI[1] ≤ $3,400 OR monthly PCI[1] ≤ $900, if there is a primary school student or person with disabilities in your household ▱ **(For applications received before 31 March 2025)** Monthly GHI[1] ≤ $3,400 OR monthly PCI[1] ≤ $900, if your household has MOE school-going child/children[2] (with none in a primary school)
Citizenship	▱ At least one member of the household is a Singapore citizen
Others	▱ Existing beneficiaries of subsidised broadband or subsidised devices under IMDA's digital access schemes (DigitalAccess@Home, Home Access, NEU PC Plus) will not be offered subsidised broadband or subsidised devices respectively

https://go.gov.sg/digital-access-at-home

Students as
Future-Ready Digital Learners,
who are Anchored in Values and
Empowered to Learn for Life.

WALL OF APPRECIATION

Please scan the QR code to spread the positivity! Let's create a wall of appreciation for our amazing teachers or any wonderful staff. Share an affirmation, a heartfelt thank you on padlet. Let's make them feel valued and appreciated!

Q & A

Please scan the QR code to pose questions you might have.

THANK YOU